| Monday 5th August | Tuesday 6th August | Wednesday 7th August | Thursday 8th August | Friday 9th August |
|---|---|---|---|--|
| Creamy Pork and Apricot | Chicken and Mushroom Pie | Sausage Roast | Beef Cottage Pie | Cauliflower and Cod Gratin |
| Served with | Served with | served with Roast Potatoes | Served with | served with New Potatoes |
| New Potatoes and Vegetables | Roast Potatoes and Vegetables | and Vegetables | Seasonal Vegetables | and Vegetables |
| Peach Topsy Turvy | Raspberry and White Chocolate | Strawberry | Plum Upside Down Cake | Lemon Frangipani |
| Cheesecake | Sponge served with Custard | Trifle | served with Custard | served with Double Cream |
| Monday 12th August | Tuesday 13th August | Wednesday 14th August | Thursday 15th August | Friday 16th August |
| Salmon and Spinach Pasta | Gammon Ham with Cauliflower | Roast Chicken and Stuffing | Sausages in a Onion Gravy | County Beef Bake served with |
| Bake Served with Garlic Bread | Cheese Served with | served with Roast Potatoes | served with Roast Potatoes | a Selection of Roast Potatoes |
| and a Side Salad | Roast Potatoes and Vegetables | and Vegetables | and Vegetables | and Vegetables |
| Pineapple Mess | Lemon Posset served with a | Apricot and Almond Sponge | Honey Cake | Fruit Crumble |
| | Shortbread Biscuit | served with Custard | served with Double Cream | served with Custard |
| Monday 19th August | Tuesday 20th August | Wednesday 21st August | Thursday 22nd August | Friday 23rd August |
| Beef in Cranberry Sauce | Smoked Haddock Pie | Roast Pork and Apple Sauce | Quiche Lorraine | Sausage Ragu |
| served with Roast Potatoes | served with Cheddar Mash | served with Roast Potatoes | served with Potato Wedges | served with Roast Potatoes |
| and Vegetables | Topping & Seasonal Vegetables | and Vegetables | and Salad | and Vegetables |
| Apple and Mango Crumble served with Custard | Summer Fruit Drizzle Cake | Mandarin Topsy Turvey Cheesecake | Chocolate and Pear Mess | Peach Tart served with Double Cream |
| Monday 26th August CLOSED DUE TO BANK HOLIDAY | Tuesday 27th August Beef and Guinness Pie served with Roast Potatoes and Vegetables | Wednesday 28th August Roast Gammon served with Roast Potatoes and Vegetables | Thursday 29th August Fruity Chicken Tagine served with New Potatoes and Vegetables | Friday 30th August Honey and Mustard Pork served with Roast Potatoes and Vegetables |
| | Banoffee | Lemon Curd | Sticky Toffee Pudding Sponge | Blueberry and Almond Brioche |
| | Cheesecake | Fool | served with Custard | served with Double Cream |
| Monday 2nd September | Tuesday 3rd September | Wednesday 4th September | Thursday 5th September | Friday 6th September |
| Chicken in a Honey & Maple | Sticky Marmalade Sausages | Roast Turkey and Stuffing | Mac 'n Cheese with or without | Creamy Fish Pie |
| Served with New Potatoes | served with Roast Potatoes | served with Roast Potatoes | Bacon served with a Side Salad | served with a Mashed Potato |
| and Vegetables | and Vegetables | and Vegetables | and Garlic Bread | Topping and Vegetables |
| Fruity Stuffed Baked Apple served with Double Cream | Eve's Pudding | Tiramisu | Golden Syrup Sponge | Citrus |
| | served with Double Cream | Trifle | served with Custard | Cheesecake |

Hot food delivered to your door!

| Main Meal £7.00 | Jacket Potatoes £7.00 | | |
|-----------------|-----------------------|--|--|
| Dessert £3.00 | Sandwiches £3.00 | | |

Minimum Delivery Order £7.00 Free delivery In Tiverton £3 for outlying areas

Meals Available Throughout The Month.

Jacket Potatoes £7.00 Served with our Signature Coleslaw and Salad Choose from: Tuna Mayo or Cheddar Cheese

<u>Cold Meal Choices £7.00</u> All served with our Signature Coleslaw & Potato Salad Bacon, Lettuce and Tomato Pasta Salad Salmon and Rice Salad

Monthly Hot Meal Specials £7.00 Vegetable Curry served with Basmati Rice and Naan Bread Mango Chicken served with Potatoes and Vegetables

<u>Monthly Dessert Options £3.00</u> Choose from: Topsy Turvy Fruit Cheesecake or Raspberry Mousse

Sandwiches £3.00 Choose from: Egg Mayonnaise, Tuna Mayonnaise or Mature Cheddar You can add Tomato, Onion, Sweetcorn, Chutney or Cucumber

Served on Wholemeal or White Bread

Food Allergies and Intolerances: Allergens in this Month's Menu : -

Gluten, Dairy, Eggs, Fish, Nuts, Sulphites, Soya and Mustard

Before ordering your food please speak to our staff if you require details of the ingredients of any items on the menu. All food is prepared and cooked in a kitchen where allergenic ingredients are present. Vegetarian options are available most days by request call us on 01884 242099 to discuss your options.





THE

FOOD HYGIENE RATING

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Mid Devon Mobility

Connecting Communities

August

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KITCHEN



