Monday 5th August	Tuesday 6th August	Wednesday 7th August	Thursday 8th August	Friday 9th August
Creamy Pork and Apricot	Chicken and Mushroom Pie	Sausage Roast	Beef Cottage Pie	Cauliflower and Cod Gratin
Served with	Served with	served with Roast Potatoes	Served with	served with New Potatoes
New Potatoes and Vegetables	Roast Potatoes and Vegetables	and Vegetables	Seasonal Vegetables	and Vegetables
Peach Topsy Turvy	Raspberry and White Chocolate	Strawberry	Plum Upside Down Cake	Lemon Frangipani
Cheesecake	Sponge served with Custard	Trifle	served with Custard	served with Double Cream
Monday 12th August	Tuesday 13th August	Wednesday 14th August	Thursday 15th August	Friday 16th August
Salmon and Spinach Pasta	Gammon Ham with Cauliflower	Roast Chicken and Stuffing	Sausages in a Onion Gravy	County Beef Bake served with
Bake Served with Garlic Bread	Cheese Served with	served with Roast Potatoes	served with Roast Potatoes	a Selection of Roast Potatoes
and a Side Salad	Roast Potatoes and Vegetables	and Vegetables	and Vegetables	and Vegetables
Pineapple Mess	Lemon Posset served with a	Apricot and Almond Sponge	Honey Cake	Fruit Crumble
	Shortbread Biscuit	served with Custard	served with Double Cream	served with Custard
Monday 19th August	Tuesday 20th August	Wednesday 21st August	Thursday 22nd August	Friday 23rd August
Beef in Cranberry Sauce	Smoked Haddock Pie	Roast Pork and Apple Sauce	Quiche Lorraine	Sausage Ragu
served with Roast Potatoes	served with Cheddar Mash	served with Roast Potatoes	served with Potato Wedges	served with Roast Potatoes
and Vegetables	Topping & Seasonal Vegetables	and Vegetables	and Salad	and Vegetables
Apple and Mango Crumble served with Custard	Summer Fruit Drizzle Cake	Mandarin Topsy Turvey Cheesecake	Chocolate and Pear Mess	Peach Tart served with Double Cream
Monday 26th August CLOSED DUE TO BANK HOLIDAY	Tuesday 27th August Beef and Guinness Pie served with Roast Potatoes and Vegetables	Wednesday 28th August Roast Gammon served with Roast Potatoes and Vegetables	Thursday 29th August Fruity Chicken Tagine served with New Potatoes and Vegetables	Friday 30th August Honey and Mustard Pork served with Roast Potatoes and Vegetables
	Banoffee	Lemon Curd	Sticky Toffee Pudding Sponge	Blueberry and Almond Brioche
	Cheesecake	Fool	served with Custard	served with Double Cream
Monday 2nd September	Tuesday 3rd September	Wednesday 4th September	Thursday 5th September	Friday 6th September
Chicken in a Honey & Maple	Sticky Marmalade Sausages	Roast Turkey and Stuffing	Mac 'n Cheese with or without	Creamy Fish Pie
Served with New Potatoes	served with Roast Potatoes	served with Roast Potatoes	Bacon served with a Side Salad	served with a Mashed Potato
and Vegetables	and Vegetables	and Vegetables	and Garlic Bread	Topping and Vegetables
Fruity Stuffed Baked Apple served with Double Cream	Eve's Pudding	Tiramisu	Golden Syrup Sponge	Citrus
	served with Double Cream	Trifle	served with Custard	Cheesecake

Hot food delivered to your door!

Main Meal £7.00	Jacket Potatoes £7.00		
Dessert £3.00	Sandwiches £3.00		

Minimum Delivery Order £7.00 Free delivery In Tiverton £3 for outlying areas

Meals Available Throughout The Month.

Jacket Potatoes £7.00 Served with our Signature Coleslaw and Salad Choose from: Tuna Mayo or Cheddar Cheese

<u>Cold Meal Choices £7.00</u> All served with our Signature Coleslaw & Potato Salad Bacon, Lettuce and Tomato Pasta Salad Salmon and Rice Salad

Monthly Hot Meal Specials £7.00 Vegetable Curry served with Basmati Rice and Naan Bread Mango Chicken served with Potatoes and Vegetables

<u>Monthly Dessert Options £3.00</u> Choose from: Topsy Turvy Fruit Cheesecake or Raspberry Mousse

Sandwiches £3.00 Choose from: Egg Mayonnaise, Tuna Mayonnaise or Mature Cheddar You can add Tomato, Onion, Sweetcorn, Chutney or Cucumber

Served on Wholemeal or White Bread

Food Allergies and Intolerances: Allergens in this Month's Menu : -

Gluten, Dairy, Eggs, Fish, Nuts, Sulphites, Soya and Mustard

Before ordering your food please speak to our staff if you require details of the ingredients of any items on the menu. All food is prepared and cooked in a kitchen where allergenic ingredients are present. Vegetarian options are available most days by request call us on 01884 242099 to discuss your options.





THE

FOOD HYGIENE RATING

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Mid Devon Mobility

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August

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KITCHEN



