

Monday 9th September

Caramelised Onion and Sausage Bake with Roast Potatoes and Vegetables

Banana Mousse

Tuesday 10th September

Creamy Chicken, Mushroom and Leek Bake served with New Potatoes and Vegetables

Berry Crumble served with Custard

Wednesday 11th September

Pork Roast, Apple Sauce with Roast Potatoes and Vegetables

Peach Topsy Turvy Cheesecake

Thursday 12th September

Haddock and Spinach with a Mashed Potato Top served with Vegetables

Pear Upside Down Cake served with Cream

Friday 13th September

Chili Beef Pasta Bake served with Garlic Bread and a Side Salad

Fruit Trifle

Monday 16th September

Beef in Horseradish Gravy served with Roast Potatoes and Vegetables

Mango Fool

Tuesday 17th September

Sausage Hot Pot served with a selection of Vegetables

Lemon Drizzle Sponge served with Cream

Wednesday 18th September

Chicken Roast served with Stuffing, Roast Potatoes and Vegetables

Pineapple Mess

Thursday 19th September

Creamy Pork and Apricot Casserole served with New Potatoes and Vegetables

Pear Crumble served with Custard

Friday 20th September

Salmon and Petit Pois Puff Pasty Pie served with Potato Wedges and Vegetables

Toffee Cheesecake

Monday 23rd September

Cod Provencal served with New Potatoes and Vegetables

Topped Fruit Mess

Tuesday 24th September

Ham and Cheese Quiche served with Potato Wedges and a Side Salad

Apple and Apricot Crumble served with Custard

Wednesday 25th September

Sausage Roast served with Roast Potatoes and Vegetables

White Chocolate and Ginger Cheesecake

Thursday 26th September

Mango Chicken served with Roast Potatoes and Vegetables

Lemon Frangipani served with Cream

Friday 27th September

Pork in a Garlic, Tomato and Red Pepper Sauce served with Roast Potatoes and Vegetables

Golden Syrup Sponge served with Custard

Monday 30th September

Devilled Pork served with Roast Potatoes and Vegetables

Chocolate Sponge served with Chocolate Custard

Tuesday 1st October

Salmon in a Honey Mustard Sauce served with New Potatoes and Vegetables

Stuffed Baked Apple

Wednesday 2nd October

Gammon Roast served with Roast Potatoes and Vegetables

Peach Pie served with Cream

Thursday 3rd October

Sausages in a Marmalade Gravy served with Roast Potatoes and Vegetables

Bread and Butter Pudding served with Custard

Friday 4th October

Farmhouse Chicken Casserole served with Roast Potatoes and Vegetables

Lemon Curd Fool

Monday 7th October

Creamy Tuscan Chicken served with New Potatoes and Vegetables

Tiramisu

Tuesday 8th October

Pork in an Apple and Maple Gravy served with Roast Potatoes and Vegetables

Blueberry Bostock served with Crème Fraiche

Wednesday 9th October

Turkey Roast and Stuffing served with Roast Potatoes and Vegetables

Chocolate Cheesecake

Thursday 10th October

Fish Pie topped with Mashed Potato and served with a selection of Vegetables

Fruity Crumble served with Custard

Friday 11th October

Sausage and Butterbean Casserole served with Roast Potatoes and Vegetables

Cherry Pie served with Custard

Hot food delivered to your door!

Main Meal £7.00 Jacket Potatoes £7.00

Dessert £3.00 Sandwiches £3.00

Minimum Delivery Order £7.00

Free delivery In Tiverton £3 for outlying areas

Meals Available Throughout The Month.

Jacket Potatoes £7.00

Served with our Signature Coleslaw and Salad

Garlic Mushrooms (V) (*Dairy, Mustard*)

Tuna Mayo (*Fish, Dairy, Mustard*)

Cold Meal Choices £7.00

All served with our Signature Coleslaw & Potato Salad

Chicken Salad

Ham & Egg Salad

Cheese Salad (V)

Monthly Hot Meal Specials £7.00

Veggie Sausage Casserole (V) with Potatoes & Vegetables

Honey and Mustard Pork with Potatoes & Vegetables

Monthly Dessert Options £3.00

Choose from: **Lemon Mousse** or **Eton Mess**

Sandwiches £3.00 Choose from:

Egg Mayonnaise, Tuna Mayonnaise or **Mature Cheddar**

You can add **Tomato, Onion, Sweetcorn, Chutney** or **Cucumber**

Served on **Wholemeal** or **White Bread**

Food Allergies and Intolerances:

**Gluten, Dairy, Eggs, Fish, Nuts, Sulphites,
Soya and Mustard**

Before ordering your food please speak to our staff if you require details of the ingredients of any items on the menu. **All food is prepared and cooked in a kitchen where allergenic ingredients are present.**



Vegetarian options are available most days by request call us on 01884 242099 to discuss your options.



Mid Devon Mobility

Connecting Communities

Registered Charity No. 1099477

Company Ltd by Guarantee 4738406



September

Hot Food Delivery Service

Tiverton: 01884 242099

www.middevonmobility.org.uk

thehubkitchen@middevonmobility.org.uk



MidDevonMobility

