Monday 9th September	Tuesday 10th September	Wednesday 11th September	Thursday 12th September	Friday 13th September
Caramelised Onion and Sausage Bake with Roast Potatoes and Vegetables	Creamy Chicken, Mushroom and Leek Bake served with New Potatoes and Vegetables	Pork Roast, Apple Sauce with Roast Potatoes and Vegetables	Haddock and Spinach with a Mashed Potato Top served with Vegetables	Chili Beef Pasta Bake served with Garlic Bread and a Side Salad
Banana	Berry Crumble	Peach Topsy Turvy	Pear Upside Down Cake	Fruit
Mousse	served with Custard	Cheesecake	served with Cream	Trifle
Monday 16th September	Tuesday 17th September	Wednesday 18th September	Thursday 19th September	Friday 20th September
Beef in Horseradish Gravy	Sausage Hot Pot served with a selection of Vegetables	Chicken Roast served with	Creamy Pork and Apricot	Salmon and Petit Pois Puff Pasty
served with Roast Potatoes		Stuffing, Roast Potatoes	Casserole served with New	Pie served with Potato Wedges
and Vegetables		and Vegetables	Potatoes and Vegetables	and Vegetables
Mango	Lemon Drizzle Sponge	Pineapple	Pear Crumble served with Custard	Toffee
Fool	served with Cream	Mess		Cheesecake
Monday 23rd September	Tuesday 24th September	Wednesday 25th September	Thursday 26th September	Friday 27th September
Cod Provencal served with	Ham and Cheese Quiche	Sausage Roast served with	Mango Chicken	Pork in a Garlic, Tomato and Red
New Potatoes	served with Potato Wedges	Roast Potatoes	served with Roast Potatoes	Pepper Sauce served with
and Vegetables	and a Side Salad	and Vegetables	and Vegetables	Roast Potatoes and Vegetables
Topped	Apple and Apricot Crumble served with Custard	White Chocolate and Ginger	Lemon Frangipani	Golden Syrup Sponge
Fruit Mess		Cheesecake	served with Cream	served with Custard
Monday 30th September	Tuesday 1st October	Wednesday 2nd October	Thursday 3rd October	Friday 4th October
Devilled Pork	Salmon in a Honey Mustard Sauce	Gammon Roast	Sausages in a Marmalade Gravy	Farmhouse Chicken Casserole
served with Roast Potatoes	served with New Potatoes	served with Roast Potatoes	served with Roast Potatoes	served with Roast Potatoes
and Vegetables	and Vegetables	and Vegetables	and Vegetables	and Vegetables
Chocolate Sponge	Stuffed	Peach Pie	Bread and Butter Pudding served with Custard	Lemon Curd
served with Chocolate Custard	Baked Apple	served with Cream		Fool
Monday 7th October	Tuesday 8th October	Wednesday 9th October	Thursday 10th October	Friday 11th October
Creamy Tuscan Chicken	Pork in an Apple and Maple Gravy	Turkey Roast and Stuffing	Fish Pie topped with Mashed	Sausage and Butterbean Casserole
served with New Potatoes	served with Roast Potatoes	served with Roast Potatoes	Potato and served with a	served with Roast Potatoes
and Vegetables	and Vegetables	and Vegetables	selection of Vegetables	and Vegetables
Tiramisu	Blueberry Bostock served with Crème Fraiche	Chocolate Cheesecake	Fruity Crumble served with Custard	Cherry Pie served with Custard

Hot food delivered to your door!

Main Meal £7.00	Jacket Potatoes £7.00
Dessert £3.00	Sandwiches £3.00

Minimum Delivery Order £7.00 Free delivery In Tiverton £3 for outlying areas

Meals Available Throughout The Month.

Jacket Potatoes £7.00 Served with our Signature Coleslaw and Salad Garlic Mushrooms (V) (Dairy, Mustard)

Tuna Mayo (Fish, Dairy, Mustard)

Cold Meal Choices £7.00

All served with our Signature Coleslaw & Potato Salad

Chicken Salad Ham & Egg Salad **Cheese Salad (V)**

Monthly Hot Meal Specials £7.00

Veggie Sausage Casserole (V) with Potatoes & Vegetables

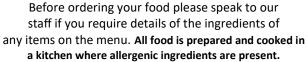
Honey and Mustard Pork with Potatoes & Vegetables

Monthly Dessert Options £3.00

Choose from: Lemon Mousse or Eton Mess

Sandwiches £3.00 Choose from: Egg Mayonnaise, Tuna Mayonnaise or Mature Cheddar You can add Tomato, Onion, Sweetcorn, Chutney or Cucumber Served on Wholemeal or White Bread

Food Allergies and Intolerances: Gluten, Dairy, Eggs, Fish, Nuts, Sulphites, Soya and Mustard





options are available most days by request call us on 01884 242099 to

discuss your options.



THE

Mid Devon Mobility

Connecting Communities

September

Hot

Food

Delivery

Service

Registered Charity No. 1099477 Company Ltd by Guarantee 4738406

Tiverton: 01884 242099

www.middevonmobility.org.uk thehubkitchen@middevonmobility.org.uk



KITCHEN

