The Hub Kitchen Set Day Menu

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Week 1	Monday 3rd March	Tuesday 4th March	Wednesday 5th March	Thursday 6th March	Friday 7th March
	Minced Beef and Mushroom	Creamy Tuscan Chicken	Roast Gammon	Sausage and Chestnut Mushroom	Cod and Chive Puff Pastry Pie
	Lasagne, served with a Side Salad	served with New Potatoes	served with Roast Potatoes	Casserole Served with	served with New Potatoes
	and Garlic Bread	and Vegetables	and Vegetables	Roast Potatoes and Vegetables	and Vegetables
>	Fruit	Apple and Apricot Crumble	Lemon Curd Topsy Turvey	Lemon Drizzle	Citrus Bread & Butter Pudding
	Mess	served with Custard	Cheesecake	Slice	served with Custard
	iviess	served with custard	CHEESECARE	Slice	served with custard
Week 2	Monday 10th March	Tuesday 11th March	Wednesday 12th March	Thursday 13th March	Friday 14th March
	Salmon and Broccoli Pasta Bake	Crushed Potato Topped Beef	Roast Chicken and Stuffing	Creamy Pork and Apricot Tagine	Quiche Lorraine
	served with a Side Salad and	and Onion Pie served with	served with Roast Potatoes	served with Roast Potatoes and	served with New Potatoes
	Garlic Bread	Vegetables	and Vegetables	Vegetables	Salad and Coleslaw
	Mango	Honey Cake	Peach Crumble	Mandarin	Pear Upside Down Cake
	Cheesecake	served with Double Cream	served with Custard	Trifle	served with Custard
┢	Monday 17th March	Tuesday 18th March	Wednesday 19th March	Thursday 20th March	Friday 21st March
Week 3	·	-	·		
	Sausage Tagine	Creamy Haddock Bake	Roast Pork and Apple Sauce	Sweet and Sour Chicken	Devilled Pork
	served with New Potatoes	served with Roast Potatoes	served with Roast Potatoes	served with Basmati Rice and	served with Roast Potatoes
	and Vegetables	and Vegetables	and Vegetables	Naan Bread	and Vegetables
	Rhubarb Crumble	St Clemments Posset with	Toffee	Summer Fruit Drizzle Cake	Banana & Chocolate
	served with Custard	Homemade Shortbread	Cheesecake	served with Double Cream	Whip
Week 4	Monday 24th March	Tuesday 25th March	Wednesday 26th March	Thursday 27th March	Friday 28th March
	Normandy Pork	Sausages in an Apple Cranberry	Roast Chicken and Stuffing	Beef and Vegetable Bake	Herb Crusted Cod in a Lemon
	served with New Potatoes and	Sauce served with Roast Potatoes	served with Roast Potatoes	served with New Potatoes	Butter, Potato Wedges and
	Vegetables	and Vegetables	and Vegetables	and Vegetables	Vegetables
	Raspberry and White	Mincemeat	Oaty Topped Berry Crumble	Strawberry	Chocolate and Apricot Slice
	Chocolate Cheesecake	Frangipani	served with Custard	Trifle	served with Custard
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Week 5	Monday 31st March	Tuesday 1st April	Wednesday 2nd April	Thursday 3rd April	Friday 4th April
	Salmon in a Honey and Mustard	Chicken Supreme	Roast Pork and Apple Sauce	Sticky Marmalade Sausages	Slow Cooked Beef in a Shallot and
	Sauce served with New Potatoes	served with Wild Rice and	served with Roast Potatoes	served with New Potatoes	Leek Sauce served with
	and Vegetables	Garlic Bread	and Vegetables	and Vegetables	Roast Potatoes and Vegetables
	Eton	Apple Crumble Cake	Pineapple	Peach Tart	Golden Syrup Cake
	Mess	served with Custard	Cheesecake	served with Cream	served with Custard

If the Set Day Menu doesn't appeal to you, please check the back of the menu for additional and vegetarian options.

Meals Available Throughout The Month.

Jacket Potatoes £7.00

Served with our Signature Coleslaw and Salad
Cheese and Chutney (V)
Tuna Mayo
Garlic Mushrooms (V)

Monthly Hot Meal Specials £7.00

Maple Syrup Sausages served with Potatoes and Vegetables Veggie Maple Syrup Sausages served with Potatoes and Vegetables Sweet Potato Topped Cottage Pie (Minced Beef/Quorn) with Vegetables

Monthly Dessert Options £3.00

Choose from: Mandarin Fool or Fruit Salad

Sandwiches £3.00 Choose from:

Egg Mayonnaise, Tuna Mayonnaise or Mature Cheddar You can add Tomato, Onion, Sweetcorn, Pickle or Cucumber Served on Wholemeal or White Bread

Vegetarian Options available each week

Week 1	Creamy Tuscan Vegetables served with Roast Potatoes and Vegetables
Week 2	Mushroom & Cranberry Casserole served with Roast Potatoes & Vegetables
Week 3	Creamy Vegetable Pot Pie served with a selection of Vegetables
Week 4	Garlic Mushroom Tart served with New Potatoes & Vegetables
Week 5	Mushroom, Red Pepper & Shallot Bake served with New Potatoes & Vegetables

Vegetarian Wednesday Roast

(available every Wednesday)

Quorn Roast
served with Roast Potatoes and Vegetables





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Hot Food Delivery Service



www.middevonmobility.org.uk thehubkitchen@middevonmobility.org.uk



Hot food delivered to your door!

Main Meal £7.00 Jacket Potatoes £7.00 Dessert £3.00 Sandwiches £3.00

Minimum Delivery Order £7.00 Free delivery In Tiverton

Food Allergies and Intolerances: Gluten, Dairy, Eggs, Fish, Nuts, Sulphites,

Soya and Mustard Before ordering your food please speak to our staff if you require details of the ingredients of any items on the menu. **All food is prepared and cooked in a kitchen where allergenic ingredients are present.**